



2014  
and Beyond

## Media Kit

I began writing to share my life's journey of weight loss, of running, of recovering and then doing it all over again by God's grace, following a near-fatal car accident. I lived in the Cleveland/Akron, OH area for 40 years and now live in the Sarasota, FL area. I am blessed to be a half marathon runner, a grandmother and a church drummer! I use my life experiences to share with you my passion for running, books, technology, music and movies, as well as reviews on various products that come my way.



### Blog Stats as of July 15, 2016

Facebook Fan Page	10,310
Facebook Friends	737
Twitter	42,359
Instagram	15,385
Pinterest	1,942
Google+	3,708
LinkedIn	1,459
Monthly Page Views	12,987
Unique Monthly Visitors	9,185

### Networks:

**Brand Ambassador:** SureSport Athletic Gear, Boom Nutrition, Running Buddy, BioSkin and Emergen-C

**Official Blogger:** Best Buy, Hallmark, Family Christian Stores, Gone for a Run and Tomoson; 2015, 2016 and 2017 Cleveland Marathon and 2015 and 2016 Myakka River Half Marathon

**Social Influencer Networks:** Linqia, TapInfluence, One2One Network, Blog Meets Brand, FlyByPromotions, BlogHer, Entertainment New Media Network, Blogs Release, Everywhere Society, Sverve, BogDash, Double Duty Divas, SITS Girls, MassiveSway, BoomBox Network, Girls Run Fast, Fit Approach/Sweat Pink, Girls Gone Sporty, BzzAgent, Influenster and Smile 360

**Book Blog Groups:** Worthy Publishing (First Look), NetGalley, Blogging For Books, Bethany House, BookLook Bloggers, Faithful Bloggers

**Running Blog Groups:** Run Blog Society, Miles to Blog